

Diverse Abnahmekurven

Gewicht in Kilogramm pro Woche

Wo						
1	97.8	69.8	94.9	87.6	67.2	105.1
2	95.6	68.3	93.8	85.9	66.3	101.9
3	94.3	67.4	93	84.8	65.3	98.3
4	93.3	66.8	91.1	83.7	64.4	96.2
5	91.8	66.6	89.5	83.1	64	94.4
6	90.8	65.5	88.2	81.5	64	93.2
7	89.2	64.1	87.1	81.3	62.8	91.6
8	87.2	64.3	86.3	80.2	61.1	87.1
9	86.7	63.5	85.4	79.1	60.3	85.2
10	85.2	62.9	84.2	78.5	58.9	84.4
11	84.9	62.1	83.2	79	59.4	83.1
12	84.6	61.5	81.5	78.1	59	81.3
13	82.7	59.2	80.7	77.6	58.2	79.6
14	82.7	59.6	79.7	76.9	57.9	78.4
15	81.8	58.1	78.1	76.6	57.5	77.4
16	83.8	56.5	77.3	76.5	58	76
17	82.1	56	76.5	77.8	57.9	75.7
18	82	56.3	75	77.2		75.1
19	82.2	55.8	73.5	76.3		74.8
20	83.2	56.7	72.6	78		74.7
21	82.4	56.3	71.4	76.3		74.5
22		56.1	71.4	76.4		74.4
23			69.9			73.5
24			70.5			
25			69.6			
26			71.1			
27			70.5			
28			69.7			
29			69.9			

